

Just Show UP

This book is designed as a tool to help you start conversations as you meet another man or two for coffee or breakfast. In *Just Show Up!* devotional, you will find 36 devotional conversation starters dealing with some issues men are facing. In the conversation starters you will need to add your own thoughts and life experiences to each one. The idea is to meet him/them once a week for 36 weeks taking him/them through this book. At the end of 36 weeks, encourage him to do the same thing with other man.

Just A Thought

As you start meeting with other men, keep in mind "The Jesus Method Of Discipleship. It's a great tool that can help you stay focused and on track.

The Jesus Method Of Discipleship

HE...

- Built a relationship with them
- Walked with them
- Listened to them
- Related to them
- Stood with them
- Prayed for them
- Taught them

Please understand life-on-life relational discipleship is difficult; it can be slow and frustrating. Don't give up because you will see something amazing happen.

Devotions For Men

- Week 1 - My Biggest Life Lessons
- Week 2 - Make Every Day A Masterpiece
- Week 3 - Telling Your Story
- Week 4 - Who's Riding Shotgun In Your Life?
- Week 5 - Lies Many Men Believe
- Week 6 - 5 Reasons We Get Stuck
- Week 7 - 4 Ways To Getting Unstuck
- Week 8 - God Loves A Do-Over
- Week 9 - Formula To A Fresh Start
- Week 10 - It's Time To Get Back In The Game
- Week 11 - What If I Controlled My Words
- Week 12 - Think Before You...
- Week 13 - How to Stay Out Of Trouble
- Week 14 - Keys to Overcome a Stumble In Life
- Week 15 - How To React
- Week 16 - 7 Questions To Help Us Overcome A Mistake
- Week 17 - 5 Ways We Make Bad Decisions
- Week 18 - 5 Keys To Handling Conflict
- Week 19 - Fear
- Week 20 - 4 Helpful Questions to Ask in Anger
- Week 21 - My Thoughts On Forgiveness
- Week 22 - Forgiveness Test
- Week 23 - Respect
- Week 24 - 7 Ways to Influence Others
- Week 25 - We Are All Leaders
- Week 26 - 5 Things Your Wife Wants From You
- Week 27 - 6 Tips For Better Communication In Marriage
- Week 28 - Dad, They Are Watching You
- Week 29 - Dad - Lead Them
- Week 30 - Why You Need To Find Your Life Purpose
- Week 31 - 3 Keys to Find Your Life Purpose
- Week 32 - 4 Reasons You Need a Purpose Statement
- Week 33 - 4 Things Can Stand Between You And Your Purpose
- Week 34 - 5 Ways To Avoid Burn Out
- Week 35 - Six Characteristics of a Champion
- Week 36 - Living to Leave A Legacy

Extra – When The Time Is Right

- Daily Quite Time
- Prayer Made Simple

WEEK 4 - Who's Riding Shotgun In Your Life?

Sad to say many men today can name 6 men to carry their casket, but cannot name that one man they can call at 2 a.m. when life takes a turn. Let me ask who has your back? Today we are going to look at 7 qualities of a true friend.

Proverbs 27:17 - As iron sharpens iron, so one person sharpens another.

7 Qualities Of A True Friend

1. They don't care who you are or where you have been.
2. They are loyal, dependable, trustworthy and reliable.
3. They tell you the truth with love and grace.
4. They are quick to forgive.
5. They stand with you even when you blow it.
6. They are encouraging; they call the best out of you.
7. They walk with you even when others walk away.

My Favorite: They never give up on you. Which one is yours and why?

WEEK 13 - How To Stay Out Of Trouble

We, as men, have a lot of things that come at us every day. Today we are going to look at how to stay out of trouble in our lives.

Proverbs 4:23-27 - 23 Above all else, guard your heart, for everything you do flows from it. 24 Keep your mouth free of perversity; keep corrupt talk far from your lips. 25 Let your eyes look straight ahead; fix your gaze directly before you. 26 Give careful thought to the paths for your feet and be steadfast in all your ways. 27 Do not turn to the right or the left; keep your foot from evil.

1. Guard Your Heart – Vs. 23

- How can you guard your heart?

2. Control Your Tongue – Vs. 24

- How can you control your tongue?

3. Focus Your Eyes – Vs. 25

- How can you stay focused?

4. Walk Right – Vs. 26

- How can you walk right?

Question: Which one of the 4 areas do you need to work on the most?

WEEK 14 - Keys to Overcome a Stumble In Life

In life from time to time we all stumble. When you do there are two choices: You can stay down or get back up. In this session we are going to talk about 4 keys that can help you when you stumble.

Psalms 37: 23-24 - If the Lord delights in a man's way, he makes his steps firm; 24 though he stumble, he will not fall, for the Lord upholds him with his hand.

When You Stumble...

- 1. Recognize it** - Know this sounds simple, but most of the time we do not want to admit it.
- 2. Analyze It** - What caused me to stumble and when did it happen?
- 3. Face It** - The hard part, because it will require a change. Keep in mind if nothing changes - nothing changes.
- 4. Get Back Up** - Get going again, mistakes are a chance to learn a lesson.

Questions:

- Today, is there a place in your life that you are stumbling?
- What will it take to get back up in that area?